

FALL FOOD FOR THOUGHT

"The Professional Connection for Women"

www.wils-gamma.com



Thursday, November 18 · 11 AM - 1 PM
Crown Valley Community Center
29751 Crown Valley Parkway, Laguna Niguel, CA 92677

TOPICS: Money, Health, & Fun!

Learn about financial and health tips while having fun with special guest speakers:
Dr. Susan Mathieu AKA Dr. Fun, Recreation Program Coordinator and
Jasmine Alzubi, Founder & CEO of Momen Tax Services, Financial Advisor.

\$15 Members · \$18 Non-Members

Sandwich Choices

(Sandwich Box includes Chips and Salad):

- Uptown Turkey Avocado
- Chicken Pesto
- Tomato Mozzarella
- Ham & Swiss
- Turkey & Swiss
- Grilled Chicken on Harvest
- Smoked Ham on White
- Roasted Turkey on Harvest

Please include your meal choice in your RSVP

Visit <https://tinyurl.com/FFT-WILS>

to pay via credit card or
checks can be mailed to:

Elena Martinez
77 Fair Drive, Costa Mesa, CA 92626
ATTN: Parks & Community
Services - WILS

RSVP no later than 11/10.
No shows and cancellations
after the 10th will be billed.

RSVP to Elena Martinez at
Elena.Martinez@CostaMesaCA.gov
or (714) 754-5300.

"Grow through what you go through." -Unknown

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